

Basic Adult Leader Outdoor Orientation (BALOO!)

November 5, 2016



Schedule and Learning Objectives

Overall Objectives

- Understand the purpose and focus of the Cub Scout camping program.
- Gain skills and confidence to plan and carry out a safe, successful, age-appropriate Cub outdoor activity.
- Learn about helpful resources available from the BSA and other sources.
- Understand the BSA requirements and guidelines that apply to Cub Scout outdoor activities.

Schedule *(all times are approximate)*

| Time | Session | You should have an opportunity to... |
|----------|-------------------------------------|--|
| 8:30 AM | Sign-in and Gathering Activity | <ul style="list-style-type: none">• Meet other participants and staff members. |
| 9:00 AM | Opening Assembly | <ul style="list-style-type: none">• Participate in a simple outdoor flag ceremony.• Understand the purposes of this course. |
| 9:15 AM | Aims and Purposes | <ul style="list-style-type: none">• Learn about the BSA progressive camping program.• Review the purposes of Cub Scouting, values of Scouting, and how the outdoor program helps to achieve them.• Discuss BSA guidelines for outdoor activities. |
| 9:40 AM | Equipment | <ul style="list-style-type: none">• Describe individual and group equipment needs, including the Cub Scout Outdoor Essentials list.• Discuss types of tents and sleeping bags.• Learn how to select a good campsite. |
| 10:30 AM | BREAK | <ul style="list-style-type: none">• Learn a few knots (optional). |
| 10:45 AM | Program | <ul style="list-style-type: none">• Discuss the various age-appropriate activities that can make up a successful program.• Learn how to integrate adventures for all ages.• Learn how to plan a Scout's Own service.• Enjoy a large group game. |
| 11:15 AM | Lunch Prep | <ul style="list-style-type: none">• Make your own lunch using the foil pack method. |
| 11:50 AM | LUNCH | <ul style="list-style-type: none">• Use the three-step method of washing dishes. |
| 12:25 PM | Campfire Planning and Demonstration | <ul style="list-style-type: none">• Learn the basics of planning a successful campfire.• Practice planning a campfire.• Enjoy a demonstration campfire. |
| 1:05 PM | BREAK | |
| 1:15 PM | Health and Safety | <ul style="list-style-type: none">• Discuss council procedures, approved facilities, and tour plan requirements.• Discuss considerations for water safety, fire safety, weather, adult supervision, and youth protection. |

| Time | Session | You should have an opportunity to... |
|-------------|---------------------------------------|---|
| 1:55 PM | <i>Round Robin</i> | |
| | Fire Safety, Stoves, Lanterns | <ul style="list-style-type: none"> • Understand BSA policies and safety concerns related to chemical fuels. • Practice lighting stoves and lanterns. • Discuss the merits of stoves versus fires. |
| | First Aid and Sanitation | <ul style="list-style-type: none"> • Discuss the proper contents and use of a first aid kit. • Discuss other first aid and sanitation topics that every Cub Scout leader should be aware of. |
| | Nature Hikes and Games | <ul style="list-style-type: none"> • Learn to lead different types of nature hikes. • Learn how to run a large group game. |
| | Cub Scout Cooking | <ul style="list-style-type: none"> • Understand the focus of Cub Scout-level outdoor cooking. • Explore a variety of recipes and techniques for Cub cooking. |
| 3:20 PM | BREAK/SNACK | |
| 3:35 PM | Planning | <ul style="list-style-type: none"> • Learn the six steps of planning and why they're important. • Discuss the use of a planning checklist, calendar, and annual planning meeting. • Understand the value of evaluating for future reference. • Identify opportunities to involve youth and parents in planning. • Apply the skills you've learned today to plan a basic overnight campout. |
| 4:15 PM | Evaluations, then Closing/Recognition | <ul style="list-style-type: none"> • Provide feedback about the course. • Be recognized for completing the training! |