

# Outdoor Leader Skills – October 29-30, 2016

## What to Bring on the Overnight Campout

### Personal Gear

*Boy Scout Handbook* (if you have one)  
Medical form with Parts A and B filled out  
Backpack or duffel bag  
Small backpack or “day pack”  
Personal first-aid kit  
Clothing (dress in layers!)  
Rain gear  
Stocking cap  
Gloves or mittens  
Sturdy waterproof footwear  
“Class A” uniform (if you have one)  
Water bottle filled with potable water  
Matches or fire starter  
Sun protection  
Flashlight and/or headlamp  
Pocketknife  
Tent (note: a smaller tent will stay warmer!)  
Sleeping bag (suitable for the weather)  
Sleeping pad or insulated air mattress  
Ground cloth/tarp/“footprint”  
Eating kit (plate, bowl, fork, knife, spoon)  
Cup or mug  
Cleanup kit  
    Soap  
    Toothbrush and toothpaste  
    Dental floss  
    Comb  
    Washcloth  
    Towel  
Personal medicine  
Watch or other time-keeping device  
Notebook or paper  
Pencil or pen  
Comfy folding camp chair (if you have one)

### Optional Personal Items

Extra footwear (not open-toe sandals)  
Extra blankets  
Camera  
Sunglasses  
Small musical instrument

### Supplies Provided by Course Staff

#### Food:

- Saturday lunch, dinner, and evening snack
- Sunday breakfast

Shovel and woods tools (saw)  
Rope  
Stoves with fuel  
Cooking and cleaning supplies  
Lanterns  
Water containers

### What to Expect

Yes, we will be camping in tents! The weather can be chilly this time of year, so please pack and dress accordingly.

Camp Squanto has restrooms with running water. We can run electricity to the tenting area if you inform the course director of a medical need in advance.